



OMEGA

PERFORMANCE TRAINING

Memberships and Services

Memberships	AMENITIES INCLUDED									
	Monthly Rate	Unlimited Club Access	Unlimited Group Classes	Unlimited Bootcamp Classes	Small Group Coaching	1-on-1 Coaching	Monthly Supplement Supply	Daily Recovery Shakes	Daily Bottled Water	Precision Nutrition System
Alpha	\$99	x	x							
Bootcamp	\$199	x	x	x						
Small Group Coaching (8 sessions/month)	\$299	x	x		x					
Personal Coaching (8 sessions/month)	\$549	x	x			x			x	
Omega Platinum (Single/Couple)	\$999/ \$1499	x	x	x	x	x	x	x	x	x
Services	Package Cost									
1-on-1 Coaching (4 Sessions)	\$300					x				
Corrective Exercise (Functional Movement Screen and 4 sessions)	\$360					x				
Sports Performance (12 sessions 1-on-1)	\$799					x		x		
Small Group Sports Performance (2-4 ppl, 12 sessions)	\$499				x			x		
Large Group Sports Performance (5+ ppl, 12 sessions)	\$299				x			x		
Massage Therapy (4 sessions)	\$300								x	
Nutrition Coaching (8 half hour sessions)	\$250									x
Class Drop-In Rate	\$15									
Alpha Membership Add-on	\$49	x	x							